Your Health Plan GLP-1 Coverage Changes

Frequently Asked Questions

IMPORTANT

Weight loss/non-diabetic GLP-1 Coverage Ending for PPO, HDHP, and EPO Plans.

What is changing with GLP-1 medication coverage?

Beginning January 1, 2027, your health plan will no longer cover GLP-1 medications for members without a Type 2 diabetes diagnosis under the PPO, EPO, or HDHP plans. Members with a Type 2 diabetes diagnosis will continue to have coverage in accordance with plan benefits.

When do these changes take effect?

Current coverage guidelines remain through December 31, 2026. New coverage guidelines are effective January 1, 2027.

Will members automatically continue receiving coverage through 2026?

No. Members may be required to complete a reauthorization process. Continued authorization is not guaranteed, and Digbi Health is working directly with affected members.

Will existing prior authorizations continue into 2027?

No. All prior authorizations end December 31, 2026, and will not carry forward.

Will current members continue to have access?

No. There will be no continuation of coverage provisions after December 31, 2026, without a Type 2 diabetes diagnosis.

Will weight loss GLP-1 medications remain on the PPO formulary?

No. Effective January 1, 2027, they will no longer be included on the PPO formulary. This also applies to EPO and HDHP plans.

What about Blue Shield and Anthem HMO members? Kaiser?

Beginning January 1, 2027, Digbi Health will no longer be the exclusive prescriber, so members may receive their GLP-1 prescriptions through their medical providers. Coverage for non-diabetic weight loss GLP-1 medications will only be available for HMO members meeting plan clinical criteria: BMI of 40 or greater, or BMI 35–40 with a qualifying comorbidity. Kaiser criteria are not changing.

Who can prescribe weight loss GLP-1 medications through the end of 2026?

Digbi Health remains the exclusive prescriber for weight loss (non-diabetic) GLP-1 medications through December 31, 2026.

Will GLP-1 medications still be covered for diabetes treatment?

Yes. Members with a Type 2 diabetes diagnosis will continue to have coverage subject to plan requirements.

What should members do before January 1, 2027?

- Review your treatment plan with your healthcare provider.
- Complete any required Digbi reauthorization.
- Fill eligible prescriptions before December 31, 2026.
- Watch for additional communications and educational resources.

Questions? Contact your HR/Benefits Team.