

IMPORTANT/PLEASE REVIEW: Effective January 1, 2026 change to GLP-1 medication coverage for weight loss (Non-Diabetic)



Digbi Health's Food-As-Medicine program is a fully covered lifestyle management program for those who meet the criteria. This is a non-clinical service for members who want to lose weight, prevent diabetes, or minimize symptoms of digestive and chronic conditions.

Your plan has new criteria for GLP-1 coverage for weight loss.

Starting **January 1, 2026**, GLP-1 medications for **weight loss** will be covered by your plan **only if you meet the new medical criteria**:

- **BMI Greater Than or Equal to (\geq) 40 OR**
- **BMI 35–39.99 + at least 1 weight-related condition**, such as: High blood pressure (hypertension), Prediabetes, High cholesterol (dyslipidemia), Sleep apnea.

How do I find out if I am covered for GLP-1 medication for weight loss

Step 1: Download the Digbi Health App from <http://digbihealth.com/prism>

Step 2: Fill the Prior Authorization form and you will be informed of the next step and your coverage

Questions? Please call (866) 344-2189

I was already on a GLP-1 for weight loss before Jan 1, 2026, but do not meet the new medical criteria. What are my options?

You will continue to have **GLP-1 coverage** even if you **do not meet the new criteria** through **March 31, 2026**. During this time, you can see your **current doctor** for GLP-1 prescriptions and care. All approved prescriptions are filled through Navitus by your preferred pharmacy.

What happens after March 31, 2026:

You can fill out the Pre-authorization form again in the Digbi app as you get closer to March 31, 2026, to determine if anything has changed and you now meet the new plan criteria.

If you still do not meet the new plan criteria as outlined above but meet FDA criteria (which differs from the new plan criteria), you have a cash pay option to obtain the medication through Digbi Health's telehealth clinical services. This service is accessible through the app, and the medication is directly fulfilled by the manufacturer and shipped to your home.

I was already on a GLP-1 for weight loss before Jan 1, 2026, and meet the new medical criteria. What are my options?

You will continue to have **GLP-1 coverage** for **6 months from the date you are pre-authorized**. You can stay with your **current doctor** for GLP-1 prescriptions and care until March 31, 2026. After that you will need to get your prescription and care through a doctor associated with Digbi's Telehealth services. All approved prescriptions are filled by through Navitus by your preferred pharmacy.

What happens after six months:

You will need to re-submit the Pre-authorization form in the Digbi app to determine if you still meet the new plan criteria set by your employer. If you do not meet the new criteria, you have a cash pay option to obtain the medication through Digbi Health's telehealth clinical services and directly fulfilled by the manufacturer and shipped to your home.