

FOR IMMEDIATE RELEASE

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Date: July 5, 2024

The Reuse Routine

Reuse is a valuable routine to keep in your waste reduction toolkit. People practice Reuse easily in their everyday lives. For example, when at home we eat and drink with dishware and cups from the kitchen cupboard and use the same set of bathing towels. But when leaving the house, people begin to struggle with maintaining less wasteful behavior. We forget our reusable grocery store bags, we get coffee in a single use cup, and we accept plastic utensils when ordering takeout. By putting in a little bit of effort, we can continue to waste less and master the practice of Reuse. Below are some tips to help maintain a convenient routine of Reuse:

Keep a bag full of other reusable bags by your front door or in your vehicle. By keeping them visible on your way out the door, you won't forget to take them on the next grocery run.

Store a thermos, small food storage container, and reusable utensils in a bag. This way, you will be prepared if grabbing a beverage while you're out or if you will have leftovers when stopping for a bite to eat.

When it's time to replace furniture or kitchenware try shopping secondhand before purchasing brand new items. Check local secondhand stores or online marketplaces such as eBay, Craigslist, or Facebook Marketplace. You will often find unique items!

You can also use the above shopping options when looking for clothing. Alternatively, learning simple hand-sewing methods can lengthen the life of the clothing you already own. With mending options like decorative embroidery and patching, you can even give your current clothing a whole new look!

To learn more about Reuse and waste reduction, visit our website tehamacountylandfill.com or call us at (530) 528-1103.